

Dinosaurs (2-5 Year Olds Paleontologist)

MONDAY

Craft:

[Dinosaur Feet](#)

(I love this craft because you can simply download this template and trace out the dino feet on cardboard or cardstock. Add some foam sheets for the dino claws for some extra color. Slip these on your little one's feet and let them pretend to be their favorite dinosaur.)

[DIY Paper Dinosaur Hat](#) (By What Can We Do With Paper & Glue)

(I love this craft because your little one can do most of the work cutting and gluing to make something they can stomp around in all week.)

Printable:

[Dinosaur Prewriting](#)

Quiet Activities:

Sensory Bin: Fill a plastic bin or shoe box with beans and lentils and [small dinosaur figures](#). Add some sticks and rocks from the yard and allow your little one to explore the textures.

What to read:

[Dinosaur A-Z](#)

What to watch:

[Dancing Dinosaur Alphabet](#)

TUESDAY

Fun with Food:

[Dinosaur Fossil Cookies](#)

(Give the dinosaurs from yesterday's sensory box a good wash and let your little one press the feet in to make dinosaur fossils they can eat. I love this because you can use a sugar cookie mix or go homemade with your favorite recipe.)

Other fun foods:

Breakfast: Watermelon cut in triangles (aka dinosaur spikes) or grapes (aka dinosaur eggs)
Snack: Herbivore cups of carrot sticks and celery sticks
Lunch: Carnivore lunch of dinosaur shaped nuggets

Printable:

[Dinosaur Number Sequence Maze](#)

Quiet Activities:

Leave out plain paper and some fun [Dinosaur Stickers](#) for your little one. Let them peel the stickers and create their own prehistoric scene.

What to read:

[Oh Say Can You Say Di-no-saur?: All About Dinosaurs](#)

WEDNESDAY

Fieldtrip:

In person:

If your local natural history museum is open grab your mask and head there to see real dinosaur fossils. You can check out this [site](#) to see if there is a fossil dig site anywhere near you. If neither of those works for you, you can simply head to your local park or nature preserve. Have your little be on the lookout for fossils in rocks which are usually in sedimentary rocks near the banks of water.

Virtual "Fieldtrip":

*[National Museum of Natural History Virtual Tours](#)
* [National History Museum of Los Angeles County \(NHM\): Dinosaur Hall Virtual Tour](#)
*[Raymond M. Alf Museum of Paleontology](#)

Printable:

["D" is for Dinosaur](#)

Quiet Activities:

Sensory bin: Fill a bin with [Kinetic sand](#). Hide some dinosaur [fossils](#) below the sand and give your little one a paint brush and [magnifying glass](#) to dig for those dinos.

What to read:

[The Berenstain Bears' Dinosaur Dig](#)

THURSDAY

Activity:

[Hatch a Baking Soda Dinosaur Egg](#)

(I love this craft because your little one will love the fizzing and be thrilled when they get to the dinosaur prize inside. Consider the recommendations to use gloves and safety glasses as we have found the fizzing can really grow with these eggs. Tip: If you don't have time to wait you can skip putting them in the freezer and this still works but if you have the time take the step to extend the life of the activity.)

Printable:

[Dinosaur I-Spy](#)

Quiet Activities:

Free art time: After your little one hatches their baking soda dinosaur eggs give them a good wash. Put out plain paper and small bowls of paint. Let your little one dip the feet of the dinos into the paint and explore creating a fossil picture.

What to read:

[Saturday Night at the Dinosaur Stomp](#)

FRIDAY

Move Your Body Activity:

Dinosaur Egg Hunt
Fill plastic eggs with [small dinosaurs](#) and hide them around your house or outside in your yard. Your little one will love the search. Let them do the work of opening each egg to find which dinosaur they got. To get them moving even more, add some of these [Dinosaur Activity Challenge Cards](#) and have your little one do each movement on the cards in the eggs they find.

Printable:

[Dinosaur Number Tracing](#)

Quiet Activities:

Dinosaur Shapes: Cut a paper plate in half. Cut construction paper into shapes such as triangles, squares and circles. Have your little one use a glue stick to create their own dinosaur by gluing the shapes to the paper plates.

What to read:

[Have You Seen My Dinosaur](#)

Friday Night Movie Picks:

*Land Before Time
*Dinosaur Train: Dinosaur Big City
*Ice Age: Dawn of the Dinosaurs