

OCEANS (2-5 Year Olds)

MONDAY

Craft:

[Ocean in an Egg Carton](#)

(By The Imagination Tree)

(I love this craft because you and your child can make it your own based on things you have at your house! Have fun)

Printable:

[Ocean Animal Cutting Practice](#)

(By Welcome to Mommyhood)

Quiet Activities:

*Sensory Bin: Blue [water beads](#) with [ocean animals](#)

*Free Art: Draw a simple fish on paper and leave out with crayons

What to read:

*Any book you have about fish, ocean life or oceans

*[Hello, World: Ocean Life](#)

*[The Rainbow Fish](#)

What to watch:

*[Splash & Bubbles: One Big Ocean](#) (Amazon Video)

TUESDAY

Fun with Food:

[Under the Sea Cookies](#)

(By Family Cookie Recipes)

(I love this recipe because you can bake from scratch or use slice and bake and your little one will love decorating them!)

Other fun foods:

*Breakfast: "Crabby Croissants" (two toothpicks with googly eyes makes your croissant a crab)

*Snack: Goldfish Crackers

*Lunch: Starfish Sandwiches (simply cut their fav with a star cookie cutter)

Printable:

[O is for Octopus](#) Coloring Page

Quiet Activities:

*Cutout a simple whale shape, leave out with pieces of tissue paper and glue sticks to decorate

What to read:

*[Mister Seahorse](#)

*[Commotion in the Ocean](#)

WEDNESDAY

Fieldtrip:

In person:

*Check out your local aquarium

Or

*Head to the beach for a [scavenger hunt](#)

(By Mommy's Playbook)

Virtual "Fieldtrip":

*[New England Aquarium](#)

*[Georgia Aquarium](#)

Printable:

[Ocean Animal Tracing Coloring Pages](#)

(By ItsyBitsyFun)

Quiet Activities:

*Sensory Bin: Play-dough with [ocean animals](#)

What to read:

*[Clumsy Crab](#)

*[The Snail and the Whale](#)

What to watch:

*[Blippi Visits The Aquarium](#) (YouTube)

THURSDAY

Activity:

[How Do Whales Stay Warm](#)

(By Home Science Tools)

And/Or

[Ocean in a Bottle](#)

(By Happy Hooligans)

(I love both these activities because all the items you need you probably already have at home. They are both easy to execute but have big sensory impact on your little one)

Printable:

[Fish Coloring Page](#)

Quiet Activities:

*Sensory Bin: Storage bin with a few inches of water, a few drops of blue food coloring, a [fish net](#) and ocean animals

What to read:

*[Over in the Ocean: In a Coral Reef](#)

*[I'm The Biggest Thing in the Ocean!](#)

FRIDAY

Move Your Body Activity:

"Sponge Starfish Toss"

Cut out these [sponges](#) into simple star (aka Starfish) shapes. Soak them in water and then toss them to your kids and have them try to catch in a bucket. You can also have them toss the "starfish" and have them try to hit simple targets you make.

Printable:

[Starfish Coloring Page](#)

Coloring Page

[I Spy Ocean](#)

(By FluffyTots)

What to read:

*[The Three Little Fish and the Big Bad Shark](#)

*[Hidden World: Ocean](#)

Friday Night Movie Picks:

*Moano

*Finding Nemo (Or Dory)

*The Little Mermaid